

# PTNS Dictation Template

Patient Name \_\_\_\_\_

Day, Time and Service \_\_\_\_\_

*Diagnosis*                      Urge Incontinence                      ICD-10: N39.41  
    Frequency of Micturition                      ICD-10: R35.0  
    Urgency of Urination                      ICD-10: R39.15

**History of Present Illness:**

Symptoms:      Date symptoms began \_\_\_\_\_      Related to a specific event? \_\_\_\_\_

Amount of leakage?                      Few drops                      Large leaks                      Varies

When does leakage occur?                      Anytime                      Daytime                      Nighttime                      Bedtime  
    Up in AM                      1<sup>st</sup> foot out of bed

Severity of symptoms with Activities of Daily Living

(rate each: 0= symptoms not present, 1= symptoms present but with no impact, 2= minimal, 3=moderate, 4=severe)

- \_\_\_\_\_ Leakage related to coughing, sneezing, or laughing
- \_\_\_\_\_ Leakage related to feeling cold
- \_\_\_\_\_ Leakage related to walking
- \_\_\_\_\_ Leakage during intercourse
- \_\_\_\_\_ Leakage related to change in position
- \_\_\_\_\_ Leakage related to bending/lifting
- \_\_\_\_\_ Leakage related to aerobics/jumping

Leakage Frequency

Daytime Frequency (# of voids)

Nighttime Frequency (# of voids)

Pain or burning with urination?      Yes                      No

Frequent urinary tract infections?      Yes                      No

Perception of the need to urinate?

Incontinence episodes?

Protection used?                      Heavy Pads #                      Mod Pads #                      Panty liners #  
    Varies                      Nothing                      Other

Fluid intake?                      # of cups of fluid per day? \_\_\_\_\_                      # alcohol intake per day? \_\_\_\_\_  
    # of cups of caffeinated beverages per day? \_\_\_\_\_

**Previous Therapy**

Behavioral Modification Techniques (discuss all modalities attempted with start/stop dates)

                    Pelvic Floor Exercises                      Biofeedback                      Bladder Training  
                    Fluid Management                      Dietary Restrictions

Drug Therapy – (anticholinergics/antimuscarinics/ $\beta$ 3 agonists, etc., discuss all tried with start /stop dates and the patient response - failed response, side effects, etc.)

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Other previous therapy

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**Objective Exam Results**

Vitals, general appearance, etc.

Indicate if any Contraindications present for PTNS

Pacemaker?

Implantable Defibrillator?

History of abnormal bleeding?

History of neuropathies or nerve damage?

Pregnant?

Discussed with Patient possible side-effects of procedure

Discomfort

Bleeding at insertion/stimulation site

Procedure Consent signed

*Patient Goals are...* \_\_\_\_\_

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**PTNS Treatment**

Electrode placement R Ankle or L Ankle \_\_\_\_\_

Start time, End time, and Stimulator setting \_\_\_\_\_

Regarding procedure, comment on patient's comfort, homeostasis, etc

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**Treatment Plan**

Next visit and any other instructions

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